



CAL POLY POMONA

2015 Summer

International Student Leadership Program

Session 2

(20 Days)

August 1–20, 2015

**College of the Extended University
California State Polytechnic University,
Pomona**



PROGRAM SCHEDULE

Day 1 – Saturday, August 1, 2015 – Weekend



Arrival at Los Angeles International Airport, Airport Pickup, Check-In, Open, Getting Comfortable and Learning to Get Around

Day 2 – Sunday, August 2, 2015 – Weekend

Free Time

Day 3 – Monday, August 3, 2015 – Pomona

9:00AM–10:30AM Campus Tour

10:30AM-11:00AM Welcome Ceremony

Location:

11:00AM-12:00PM

Location:

Orientation, Distribution of Handbook, Instructions for Getting Around, and a Handbook Quiz

We will review the International Student Leadership Program design and objectives after some brief introductions and leaving time for questions and answers.

12:00PM-2:30PM

Location:

Fun Lunch & Scavenger Hunt

This will be a great way to explore the campus further, while learning how to get things done using English **ONLY**

2:30PM-4:30PM

Location:

American Culture and Culture Shock

What are some of the distinguishing traits of American culture? Students will learn common pitfalls, the phases of culture shock and how to navigate the changes.

During this first meeting, participants will do a simple assessment of their leadership “style.”

4:30PM-5:00PM

Health Insurance Orientation

Day 4 – Tuesday, August 4, 2015 – Pomona

10:00AM-12:00PM **Intercultural Communication 101**

Location:

What can we learn about ourselves by reviewing the research about cultural differences East and West? Many theoretical approaches regard Asia and the West to be the dominant



contrastive cultural traditions. This class will explore the features of those differences and help you to communicate better by knowing some of the differing norms for behavior and communication.

Lunchtime – Students may explore local restaurants on their own, or may sign up to join the coordinator for a group lunch

1:30PM-3:30PM **Intercultural Communication 102**

Location:

4:00PM-6:00PM *Social Mixer (ice-breaker, light refreshments and socializing)*

Location:

Day 5 – Wednesday, August 5, 2015 – Pomona

10:00AM-12:00PM **Collaboration**

Location:

What are the various models to get people working together, ranging from command and control through group consensus? Using examples from business, what are the most effective ways that our groups can work together toward a successful outcome? This class will guide our work in teams.

1:30PM-5:30PM ***Recreation Center Day***

Location: Rec
Center

International Student Leadership Program participants will challenge themselves individually on the rock-climbing wall, learn to dance, and engage in some team sports competition.

Day 6 – Thursday, August 6, 2015 – Pomona

10:00AM-12:00PM **Leadership 101**

Location:

Is a leader born or can one make oneself a leader? What are the skills and traits which make a leader? What are the arenas within which one's personal and cultural style of leadership can be exercised, and how does one find the right one? Students will evaluate their own interpersonal "style" and learn about how teams must compose a variety of balanced work-styles to be effective.

The group project will be introduced.

2:00PM-4:00PM **Leadership 102**

Location:

Review the results of the morning self-assessment and learn some more about theoretical and practical approaches to



understanding leadership. This class will involve some activities to practice what has been learned.

Day 7 – Friday, August 7, 2015 – Pomona

9:00AM-9:30AM

Travel Briefing

Location:

Learn about what you will see, get maps, find out about shopping and restaurants and learn the rules for the day. Each team will also have some specific instructions for fun things to find and report about.

10:00AM-12:00PM

University of California, Irvine tour

12:00PM-7:00PM

Orange County Fair experience

Students will have learned about the importance of agricultural and industrial fairs in the history of the US. Students will experience the tradition of the county fair and its agricultural roots as it persists into the post-industrial era. Groups will be asked to find certain features of the fair and report on their history and meaning in the American context.

Day 8 – Saturday, August 8, 2015 – Weekend

9:00AM-8:00PM

Universal Studios

Day 9 – Sunday, August 9, 2015 – Weekend

7:00AM-11:00PM

Disneyland Theme Park

Day 10 – Monday, August 10, 2015 – Pomona

2:00PM-5:00PM

Talent Show Dress Rehearsal

For tonight's party, each team will be encouraged to provide some entertainment

6:00PM-9:00PM

Talent Show

Day 11 – Tuesday, August 11, 2015 – Pomona

10:00AM-12:00PM

Toxic and Intoxicating Leadership

Location:

Are there styles of leadership which would be considered toxic in any culture at any time? What are the cultural, historical and contextual apologies for bullies and tyrants? What should followers do? Students will deepen their understanding of communication theory to sharpen their sense of what makes a "good" leader. What are the features which stand out in any



culture or any time or any situation? The class will look at historical leaders to consider the differing forces of culture, gender, warfare, geography and climate in the formation of good leaders. How do peoples make it through tough times intact?

2:00PM-4:00PM

Location:

Team Building Activities

For any team to succeed, 8 or so essential roles must be carried out with leadership appropriate to each. Learn about these roles, how individuals change roles or take on more than one, and then based on each team's experience and each individual's self-assessment, all roles will be distributed among each team's 5 or so members.

Students will then cluster in new temporary teams according to self-assessment insights and role assignments. These teams will be formed each with a distribution of styles. The activity will culminate with a fun and friendly competition.

The kit of materials for the final project will be distributed to each team.

Day 12 – Wednesday, August 12, 2015 – Pomona

10:00AM-12:00PM

Location:

Public Speaking & Leadership

Public speaking, leadership and professional communication require self-knowledge as well as solid skills. An effective public speaker must know his audience, and that includes the cultural context for the public act of speech. A confident public speaker or communicator is also a good performer. This class will evoke everyone's personal talents, and help to mesh them appropriately with cultural norms so that each participant can shine.

2:00PM-4:00PM

Location:

Day at the Races

Teams will compete in fun and challenging relay-races

Day 13 – Thursday, August 13, 2015 – Pomona

10:00AM-12:00PM

Location:

Conflict Resolution

In addition to being instructed in conflict resolution techniques, teams will be given a complex challenge which will involve learning to resolve disagreements into a shared approach to a common objective

Day 14 – Friday, August 14, 2015 – Pomona



9:00AM – 7:00PM *Tour of the private University of Southern California(USC)*
Tour of the public University of California Los Angeles (UCLA)
Visit to Santa Monica for shopping and the beach

Day 15 – Saturday, August 15, 2015 – Weekend

9:00AM-7:00PM Shopping at Cabazon Outlets

Day 16 – Sunday, August 16, 2015 – Weekend

9:00AM-7:00PM San Diego Sea World

Day 17 – Monday, August 17, 2015 – Pomona

10:00AM-12:00PM **Public Speaking & Debate Practicum**

Location: Language coaches will conduct this session to help you to
Add. Classrooms: improve your English language usage.
How does one engage an audience? An effective leader must be
able to read the audience and adjust to different group dynamics
and cultural differences. This class will explore and practice the
constants and variables in good public speaking.
Time will be provided to break up into teams to prepare for
tomorrow’s speeches.

2:00PM-4:00PM **Time for Teams to work on the final presentation**

Location: Judging for the final presentation will be based not only on the
quality of the project “product,” but also on how fully each team
incorporates contributions from each team member, and on the
team’s reflections about their experience; telling what they
learned and how they learned it. Additional points will be given
for creativity, thoughtfulness, and integration of what they
learned during the course of the entire program.

Day 18 – Tuesday, August 18, 2015– Pomona

10:00AM-12:00PM **Final Presentation Practice and Preparation**

Location: **Discussion and Program Evaluation**
Students and instructors will reflect on the overall experience.
Students will look for the defining moment in their own
leadership experience.

1:30PM-4:00PM **Final Project Presentations**

Location:



4:00PM-4:30PM **Graduation Ceremony**

Location:

5:30PM-7:00PM **Farewell Dinner**

Day 19 – Wednesday, August 19, 2015– Pomona

Free Time

Day 20 – Thursday, August 20, 2015



Depart for Home country

The above schedule is subject to change with prior notice.

Contact:

Lisa Xue, Director
Global Education Programs
College of the Extended University (220B-232)
California State Polytechnic University, Pomona
Tel: 909-869-2276 / Fax: 909-869-5077
Cell: 715-307-0566 / Email: yxue@cpp.edu